



by Fabiana
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ANTI - BULLYING ACTIVITIES

The Bullying Clown for Teens



LABELLING, the Springboard to Bullying

1. Match the label to the character. Create a label for the blank one:



<p>THAT CLOWN IS PERFECT</p>	<p>SILLY CLOWN</p>	<p>YOU ARE A SHAME</p>
<p>GOOD FOR NOTHING</p>	<p>THE BULLY</p>	<p>YOU'RE NOT GOOD</p>
<p>I CAN'T DO THAT</p>	<p>HE IS TERRIBLE</p>	<p>HE IS BAD</p>
<p>I'M NOT GOOD ENOUGH</p>	<p></p>	<p>ODD, VERY ODD</p>

An important tip to fight labelling and name-calling:



2. Can you name actions in the story of **The Bullying Clown?**

Translate the labels used in the play into actions.

Example:

"I'm not good enough" → "I'm learning to do roll."

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3. Our Group – Work in groups of six

1. What motto or slogan would be good for your group? For a motto or slogan to be truly powerful, there must be a reason behind it.

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2. What might be a good name for your group? Create a name that is related to the motto or slogan.

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3. What ideals should your group follow?

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4. Design a button that would serve as a symbol for the group



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Start an ANTI-LABELLING CAMPAIGN with your students!

1. In advance, agree on a day on which nobody will use any labels.
2. Prepare a poster announcing the day.
3. The idea is that, on that day, each and every student must stop himself from labelling a person. This implies self-control.
4. If you consider it necessary, have some training before to exercise techniques to stop oneself from labelling a person.
5. In case somebody forgets and uses a label to address a person on the day agreed, he/she will find a caring way of making up for it.
6. Carry out this activity once a month.

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